

Patient Name: _____ Date: _____ File #: _____

Height: _____ Weight: _____ Pulse: _____ BP: _____ / _____

General Appearance	NORMAL	ABNORMAL	NOTES	
Orientation (normal)	PERSON	PLACE	TIME	
Mood/Affect	NORMAL	DEPRESSED	FLAT	ANXIOUS
Gait	NORMAL	GUARDED	ATAXIC	ALTERED DUE TO PAIN
Station	NO ANTALGIA	LEFT ANTALGIA	RIGHT ANTALGIA	
Body Habitus	ECTOMORPH	ENDOMORPH	MESOMORPH	
Development	NORMAL	ABNORMAL		

INSPECTION / SKIN APPEARANCE

	NORMAL	EDEMA	ABRASIONS	CONTUSIONS
Neck				
Back				
R Upper Ext				
L Upper Ext				
R Lower Ext				
L Lower Ext				

STABILITY

	NORMAL	ABNORMAL
Lumbar		
R Upper Ext		
L Upper Ext		
R Lower Ext		
L Lower Ext		
Toe Walk		
Heel Walk		

LYMPH

	NORMAL	TENDER	ENLARGED
Submandibular			
Cervical			

STRENGTH

	LEFT	RIGHT
Iliopsoas (T12-L3)		
Dorsiflexion (L5)		
Quadriceps (L2-L4)		
Eversion (S1)		
Inversion (L4)		
Toe Extension (L5)		
R Upper Ext		
L Upper Ext		
R Lower Ext		
L Lower Ext		

DERMATONES

	LEFT	RIGHT
L2		
L3		
L4		
L5		
S1		

REFLEXES

	LEFT	RIGHT
Patellar (L5)		
Achilles (S1)		

ROM

	NORMAL	RESTRICTED
R Upper Extremity		
R Lower Extremity		
L Upper Extremity		
L Lower Extremity		

CERVICAL ROM

FLEXION (90)	EXTENSION (25)	R ROTATION (30)	L ROTATION (30)	R LATERAL FLEXION (25)	L LATERAL FLEXION (25)

POSTURAL

Lumbar Lordosis	NORMAL	INCREASED	DECREASED
Ilia	LEVEL	HIGH LEFT	HIGH RIGHT
Knees	NORMAL	VALGUS	VARUS
Feet	NORMAL	VALGUS	VARUS

MUSCLE

	TENDERNESS	MYOSPASM	TRIGGER POINTS	HYPOTONIC
Thoracic Paraspinal				
Erector Spinae				
Lumbar Paraspinal				
Piriformis				
Gluteals				
SI Joints				
Iliotibial Band				
Quadratus Lumborum				

LUMBAR ORTHOPEDIC TESTS

	LEFT	RIGHT	NOTES
Kemps			
Bechterew's			
SLR			
Fabere Patrick			
Minor's Sign			
Valsalva			
Mankopf's			

OTHER EXAMINATION FINDINGS:

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.